



Generic Resources

People served by regional centers may need a lot of different services to make community living possible. Services paid for by other agencies are called "generic resources." The [law](#) requires seeking funding from the responsible agency before the regional center can consider paying for similar services. Here are some services you or your family might find helpful.



Private Health Insurance

<https://www.dmhc.ca.gov/>

- Health insurance is provided by employers or purchased privately, including through [Covered California](#)
- Benefits may vary based upon the type of insurance held
- Access to physical and mental health care must be equal



Medi-Cal

www.dhcs.ca.gov/services/medi-cal/Pages/default.asp

- A public health insurance program
- Provides health care services for people with low income
- Automatically eligible if receiving Supplemental Security Income (SSI)
- Children served by regional center may qualify, even if family income is too high
- Pays after a person's private health insurance



In-Home Supportive Services (IHSS)

www.cdss.ca.gov/in-home-supportive-services

- Funded by Medi-Cal
- Can help pay for services to stay safely at home
- Alternative to nursing homes or care facilities



DEPARTMENT of REHABILITATION

Department of Rehabilitation (DOR)

www.dor.ca.gov

Helps people with disabilities get and keep jobs that:

- Pay at least minimum wage
- Are in the community with co-workers without disabilities, and;
- Allow people with disabilities to get promotions



Special Education

www.cde.ca.gov

- Provides free appropriate public education
- Helps students interact with students with disabilities
- Services are Individually planned and monitored



California Children's Services

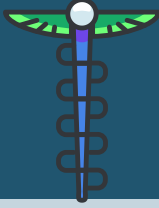
<https://www.dhcs.ca.gov/Services/CCS>

- Provides services to children under age 21 for [eligible conditions](#)
- Family income is considered in eligibility
- Eligible conditions may be short-term or long-term
- In some counties, services are combined with Medi-Cal
- Some therapy services are provided through schools

Ask your service coordinator about these and other services that may be available to help you meet your housing, financial, food, advocacy, and family support needs.



Services Offered



Private Health Insurance

- Preventative and routine care
- Emergency care and hospitalization
- Physical, occupational, and speech therapy
- Behavioral training and support
- Mental health treatment
- Vision services (may be included)
- Dental services (may be included)



Medi-Cal

- Preventative and routine care
- Emergency care and hospitalization
- Physical, occupational, and speech therapy
- Behavioral training and support
- Mental health treatment
- Vision services
- Dental services



In-Home Supportive Services (IHSS)

- Personal care services
- Housecleaning
- Meal preparation
- Grocery shopping
- Accompaniment to medical appointments
- Supervision to maintain safety



Department of Rehabilitation (DOR)

- Assistance with finding employment
- People to help you on the job
- Career counseling
- Supports for students wanting to work after finishing school



Special Education

- Specialized academic instruction
- Speech therapy
- Occupational and physical therapy
- Counseling
- Behavioral intervention services



California Children's Services (CCS)

- Diagnostic and treatment services
- Medical case management
- Physical and occupational therapy services
- Durable medical equipment

